



# TEST YOURSELF BURNS

## Structure of pamphlet

Test your own knowledge on the subject BURNS - solve a few assignments.

Find background knowledge in "Medical Guide for Seafarers" pp 233-238 and in the videos related to the book.

Find the correct answers at the end of the pamphlet.

However, test your knowledge, before you read the answers.

**Stay up-dated**

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**Find all self-training  
assignments at our  
webpage  
[www.dma.dk](http://www.dma.dk)**

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**You may ask us  
questions at  
[cms@dma.dk](mailto:cms@dma.dk)**

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**You may phone us at  
**+45 7219 6004****

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**You may want to read chapters 32 in  
“Medical Guide for Seafarers”**

**Assignment 1**

What kind of treatment has priority when dealing with burns?

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**Assignment 2**

Which questions would you ask a person with burns?

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**Assignment 3**

What sort of medicine/equipment do you have in the medicine chest, which you may use in case of burns?

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**Assignment 4**

Name 2 complications to burns:

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*An example of a 2nd degree burn.*

## **Did you know ?**

In Denmark, approximately 12,000 persons yearly, seek medical advice because of burns. [www.sundhed.dk](http://www.sundhed.dk) (eHealth in Denmark)

Burns in face or neck region, scorched nasal hairs, swollen lips, coughs, hoarseness, breathing difficulty or even unconsciousness, may all be signs of airway damage.

A patient with airway damage requires special attention. Contact Radio Medical Denmark without delay.

## **REMEMBER**

Keep flushing until victim reports no further pain.

This may take hours.

Burns involves a great risk on post injury infection.

## Answers to the assignments:

### Assignment 1

What kind of treatment has priority when dealing with burns?

Rinse burned area with clean, slightly cooled water. Keep rinsing until pain goes away.

Do your ABCDE; make sure the casualty does not go into dehydration shock.

“Medical Guide for Seafarers”, p 234)

### Assignment 2

Which questions would you ask a person with burns?

- What happened, how did it happen?
- When did it happen?
- Do you take any medicine?
- Do you have any allergies?

### Assignment 3

What sort of medicine/equipment do you have in the medicine chest, which you may use in case of burns?

- 10.4 Silvers sulfadiazine
- 3.1 Paracetamol
- 3.4 Morphine (contact RMD)
- 7.10 + 7.11 Tetanus vaccine/immunoglobulin
- B.5 Impregnated nets, "Jelonet"
- B.3 + B.6 Sterile, absorbing, bandages
- B.2 Sterile gauze
- B.9 Elastic gauze

### Assignment 4

Name 2 complications to burns:

Fluid loss shock (dehydration) due to excessive evaporation from damaged skin.

Post trauma infection of burned area.